## COLLABORATIVE







# **REBUILDING TRUST**

# IN AMERICA



#### AGENDA

- 1. State of Distrust Trust in America
- 2. Impact of FUDDD (Fear, Uncertainty, Doubt, Divisiveness, Distrust)
- **3. Trust Building Strategies & Practices**

#### Senior Leader Capability Building Program

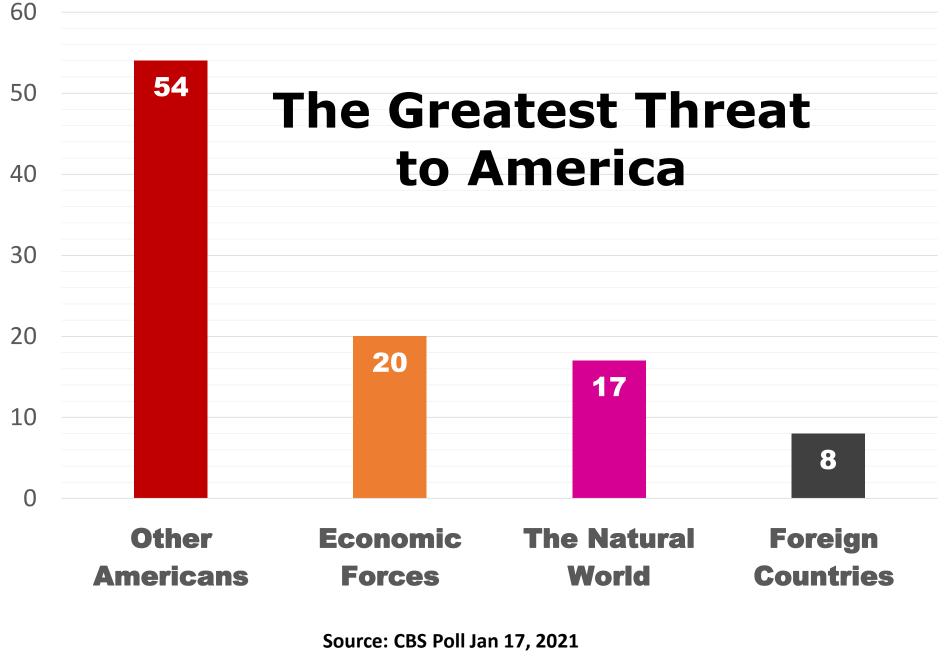


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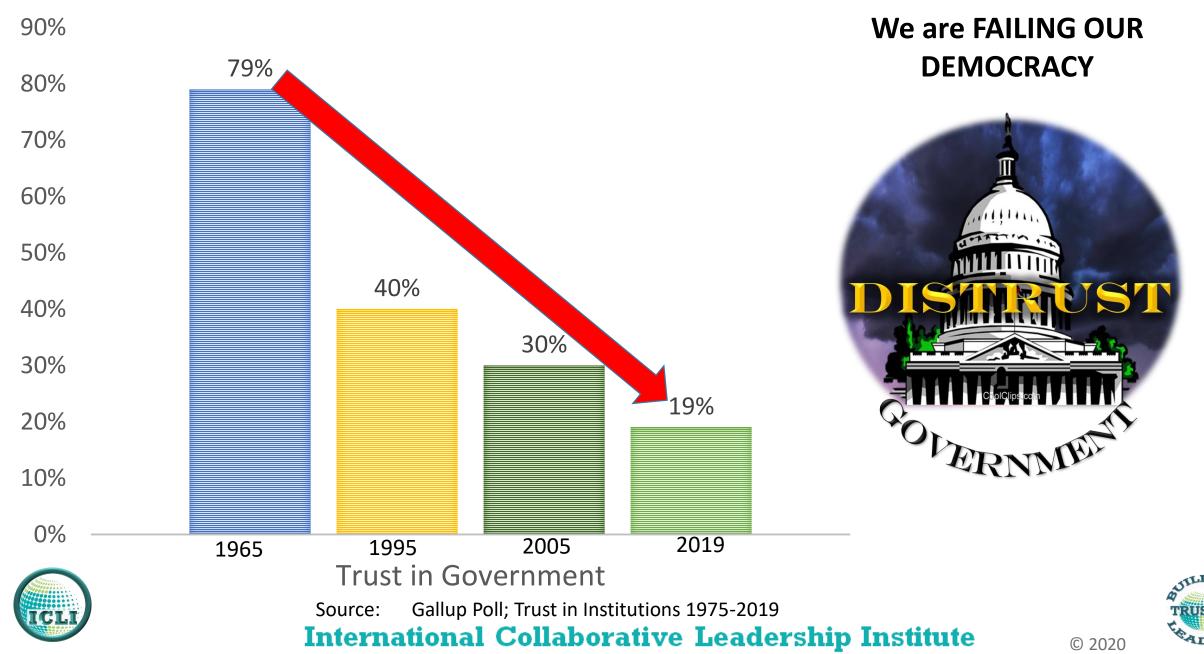
# Part 18 THE STATE OF DISTRUST IN ÁNERICA EN DESTRUST We'd declare a Pandemie



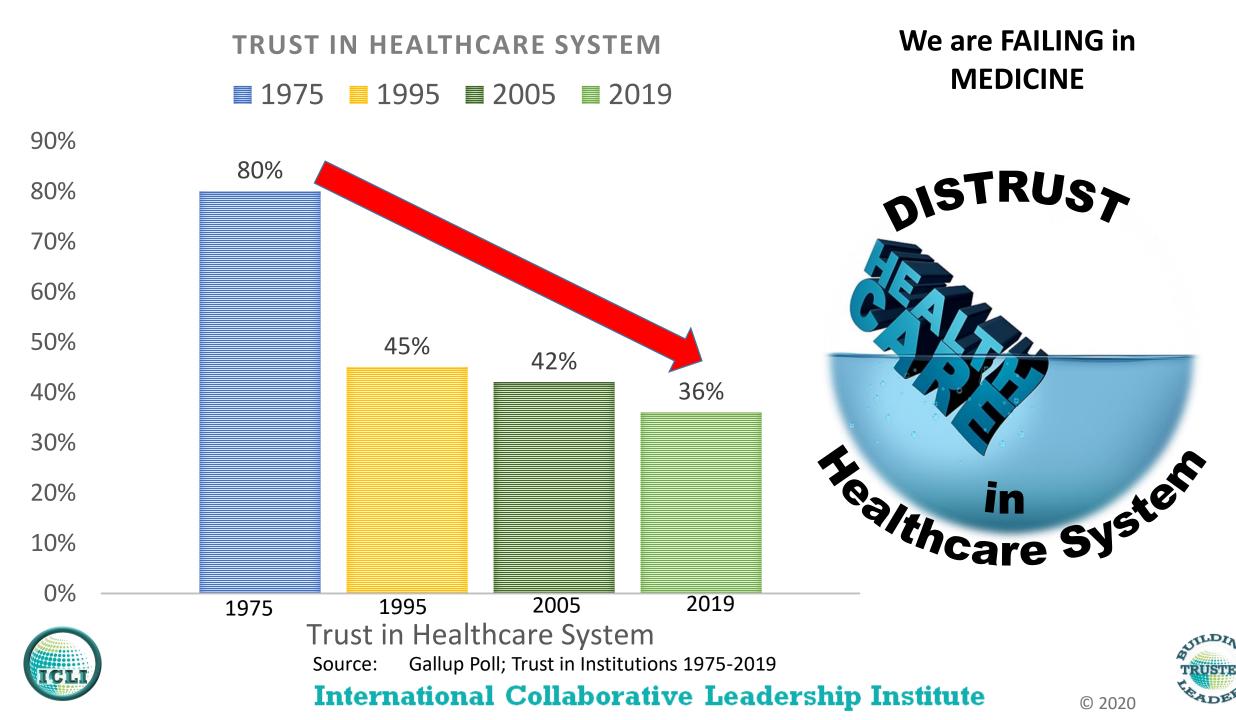




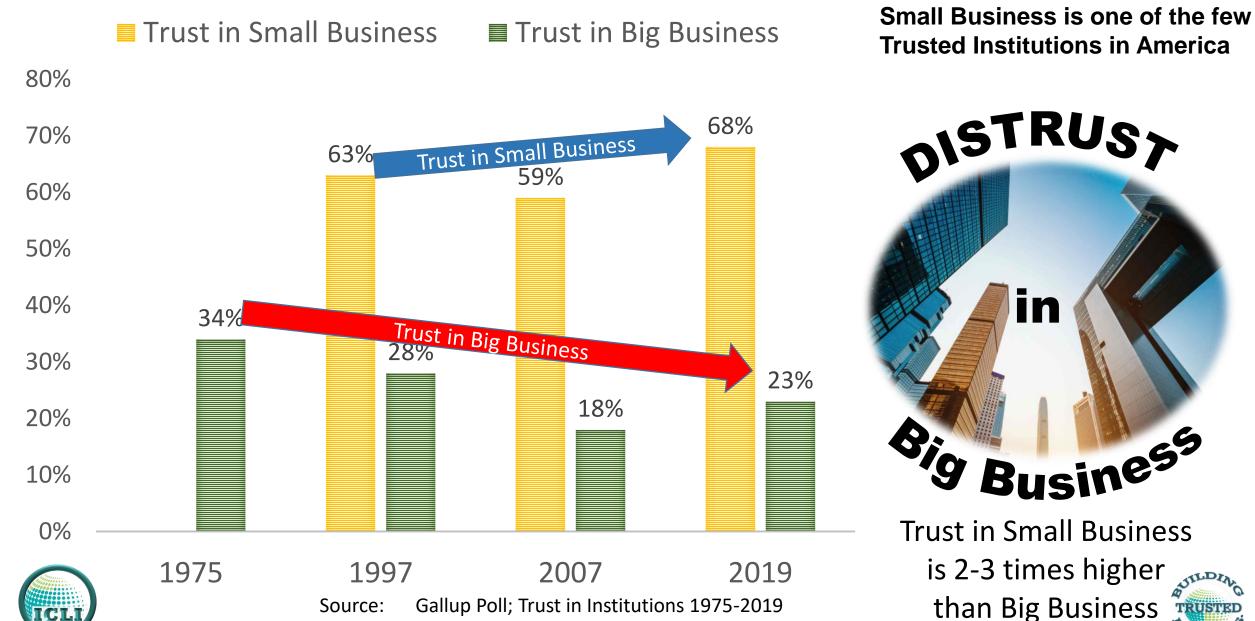
#### **TRUST IN GOVERNMENT**



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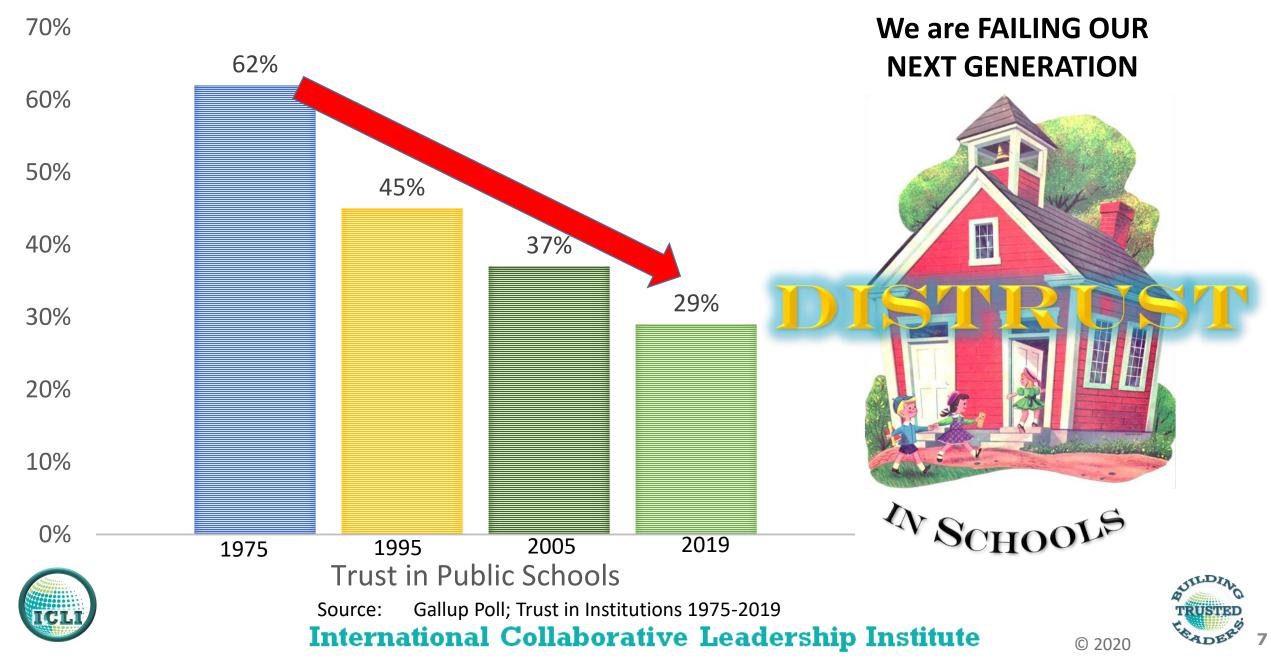
**TRUST IN BUSINESS** 

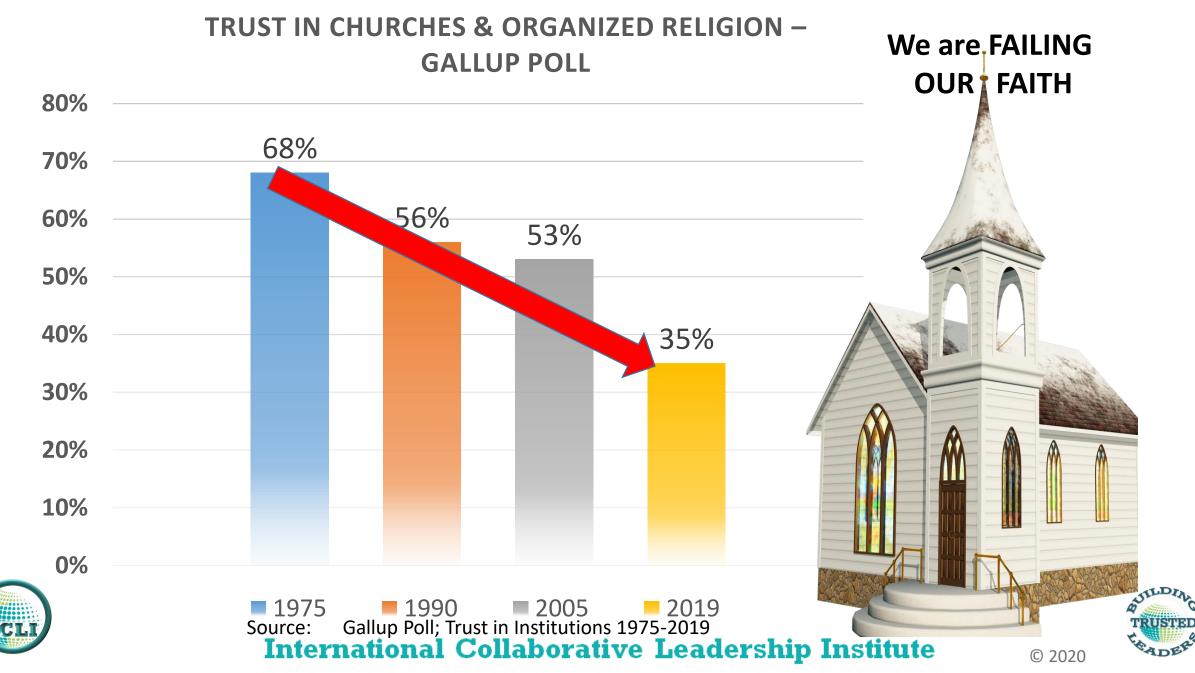


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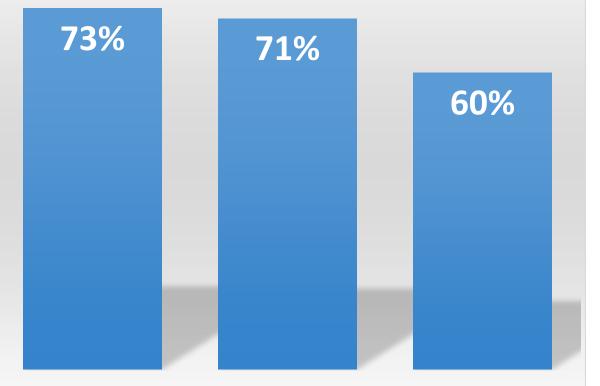
#### **TRUST IN PUBLIC EDUCATION**





Most Young Adults in U.S. see others as Selfish, **Exploitative, Untrustworthy -- % of U.S. Adults** in each age group who say....

Ages ■ 18-29





Most of the Time People just Look Out for Themselves

Most People would Most People Can't Be try to Take Trusted Advantage of You if they Got a Chance

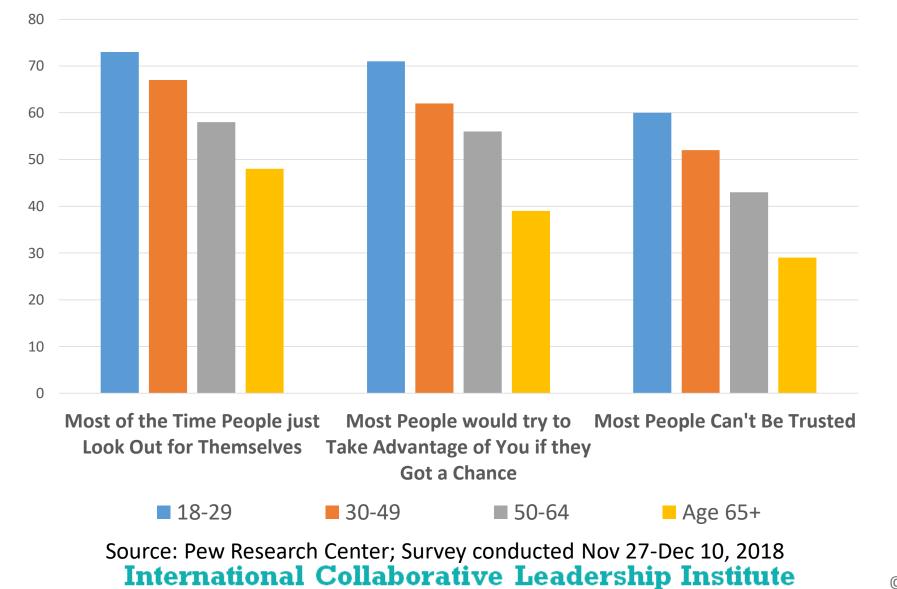




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Source: Pew Research Center; Survey conducted Nov 27-Dec 10, 2018 International Collaborative Leadership Institute

Most Young Adults in U.S. see others as Selfish, Exploitative, Untrustworthy -- % of U.S. Adults in each age group who say....







# **Implications & Consequences?**

- Fear, Uncertainty, Doubt, Distrust, Divisiveness (FUDDD) triggers Anger & Hatred
- Tribal Polarization & Insiders/Outsiders
- Intolerance & Discourteous Interaction
- Assumptions & Denial of Facts
- Manipulation & Conspiracy Theories
- Insignificance, Backlash, Cynicism
- Broken Expectations, Back Stabbing, Betrayal
- Excommunication & Character Assassination







# Part 2: Understanding FUDDD

# Fear, Uncertainty, Doubt, Distrust, Divisiveness





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# **Roots in the Forest of FUDD are Doomed to Bear Foul Fruit**

# TO UNDERSTAND TRUST, WE MUST UNDERSTAND CAUSES OF DEEP DISTRUST

In a word: FEAR .....

- Fear of being Taken Advantage of
- Fear of Physical Harm from Attack or being put in a Precarious Position
- Fear of Loss Control, Territory, Possessions
- Fear of being Hurt Emotionally
- Fearful Insecurity of being Damaged
  - Economically
  - Physically
  - Reputation Demeaned
  - Betrayed
- Fear of Looking Bad or Stupid
   Ego fear
- Fear of Rejection or Exclusion
- Fear of Failure

#### Fear:

- > Becomes Anger & Revenge in Some
- Paralyzes & Frightens Many
- Generates More Fear & Anger
   Fear is a Primal Emotion; Unless Checked, will Override All Rational Action





## As human beings, we aren't wired to trust what we fear.

# **Fear is a form of Brainwashing!**

# causing people to withdraw, withhold, undermine, and generate suspicion;



# Trust does just the opposite.

Tim Alberta: One common feeling that binds together this deeply fractured nation: FEAR.



Fear of violence. Fear for their livelihoods. Fear of far-left socialism or far-right authoritarianism. Fear that our best days are behind us. Fear that America is no longer capable of conquering its great challenges. Above all, fear that we are too alienated, too angry with each other, too fundamentally misunderstood by the other half of society to ever truly heal. Politico, Dec 13, 2020

TRUSTED

# WHAT CAUSES "FUZZY" DISTRUST? Undefined FEELING OF ANXIETY OR STRESS ILL-AT-EASE ANTICIPATION OF FEAR OR HARM ....

- Uncertainty & Ambiguity
- Paradoxical Complexity
- Continual Reorganization
- Continuous Change
- Conflicting Goals
- Unclear Direction
- Fuzzy Mission Statements
- Mixed Messages
- Misaligned Rewards
- Mixed Leadership Styles
- Political Cross-fire
- Insufficient Collaboration
- Silo Mentality
- Chaos & Turbulence
- Anxiety & Stress
- Opposition



# Ambiplexity Complexiguity

#### **Fuzzy Fear:**

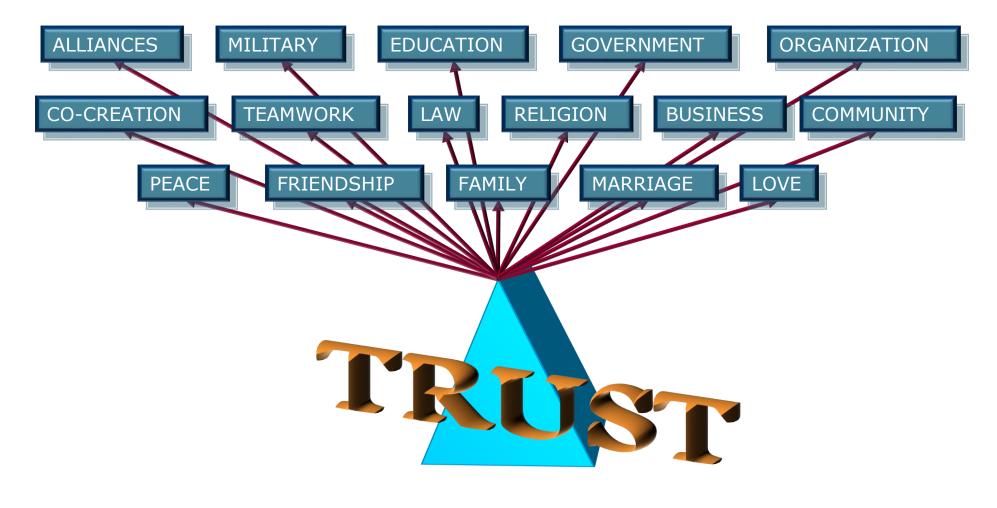
- The Brain is a Pattern Recognition Machine: Fuzzy Fear has no pattern or an incomplete or unaligned pattern – Uncertainty, Doubt, Contraditions
- The Brain makes Assumptions to complete the Recognition of a Pattern, but the chance of accuracy is based only on Experience
- If Experience or Culture has been negative, the Assumption is Negative
- Results: Seek Protection behind Castle Walls, Polarization into Tribes
- Fuzzy Fear is DEGENERATIVE Often Triggering Deeper, More Intense Fear & Resistance to Change

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# PART 3: POWER OF TRUST Copyright 2009-2014

# Trust is the Underpinning of All Civilization







# TRUST DETERMINES THE COURSE OF HISTORY, THE DESTINIES OF NATIONS, AND THE FATE OF PEOPLE OSTRUST

-- Paul R. Lawrence, Professor, Organization Behavior, Harvard Business School

IT IS DISTRUST, THE LACK OF CONFIDENCE, MORE THAN ANYTHING ELSE THAT DESTROYS CIVILIZATION. WE CAN KILL CIVILIZATION BY CYNICISM JUST AS EFFECTIVELY AS BY BOMBS.

-- Kenneth Clark, Civilization

Hee  $\mathbf{0}$ 





# Diagnosis

# Question: IS TRUST a NATURAL ACT?

(Natural Condition or State of Being?)

(if you say "it depends" then it's "no")

**Answer: Yes or No** 



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# IMPACT OF TRUST

on Personal Wellbeing

- > 10% increase in Trust is
  - equivalent to a 30-40% increase in pay (in terms of a person's sense of well being)
  - Will reduce suicides & traffic fatalities 10%
  - Impact on Health Care by stress reduction
  - John Helliwell Economics Dept, University of British Columbia based on study of nearly 30,000 Canadians and Americans



 Cost of Replacing an Employee:
 Between \$25,000 to 1.5 X Salary
 What would happen in a community that had
 Adults & Youth with:
 High levels of Trust?
 Meaning & Purpose?











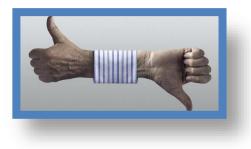


#### THREE BASIC CULTURES

#### Collaborative



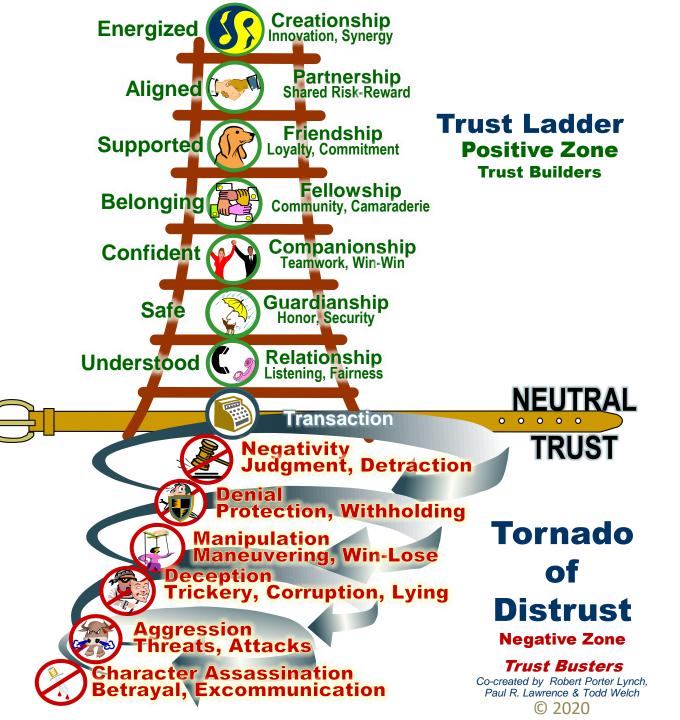
#### Transactional



#### **Adversarial**









Trust

# Analysis

#### **TRUST BUILDERS**

WHAT NEEDS TO BE DONE TO IMPROVE TRUST? (Shift to a Higher Order) (choose to focus on either an internal team or external relationship)

ACTIONS / WORDS

Time

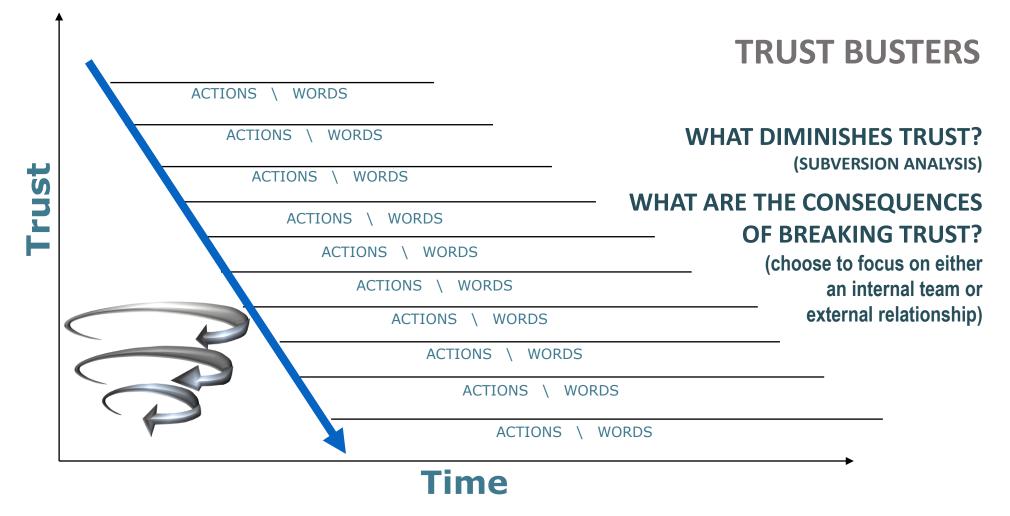
ACTIONS / WORDS





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# MUTUAL TRUST



# EIGHT TRUST PRINCIPLE **1.** Fairness & Reciprocity

- **2.** Accountability & Integrity
- **3.** Respect & Empathy
- **4. T**ruthfulness, Courage
- **5.** Honourable Purpose
- **6.** Ethics & Excellence
- **7. S**afety & Security
- 8. Transparency & Openness





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### 1 2 3 4 5 6 7 8 F. A. R. T. H. E. S. T. CLASSICAL TRUST PRINCIPLES

#### #1: Fairness & Reciprocity

#### The Brain is Hardwired to Consider Fairness



Individuals Must Win -- The Team Must Win -- The "System" Must Win









#### #2: Accountability: Stop the Blaming

#### Accountability is the Outward Manifestation of Integrity



Avoid the Blame Game

- I will be Accountable for what I am committed to & be Competent & Reliable to Perform
- I will Do what I say I'll Do -- Do what's right, "walk the talk" & tell the truth
- I Balance My Self Interest with the Greater Good
- I will Integrate my interests with yours, creating one — "e pluribus unum" — "unity in the diversity"
- I will Synchronize my efforts in a symbiotic way with others



Best Practice



#### #3: Respect: Honor People and Differences

Corollary: Respect means more than Politeness, It means the *Courage* to Stand for what's Others who are Dishonored

**Best Practice** 

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Respect comes first by Giving Respect and Listening to Others

Differences are the source of Creative Energy

If You Wish to be Respected, You Must Respect Others

Differences when Disrespected Become Divisive & Destructive

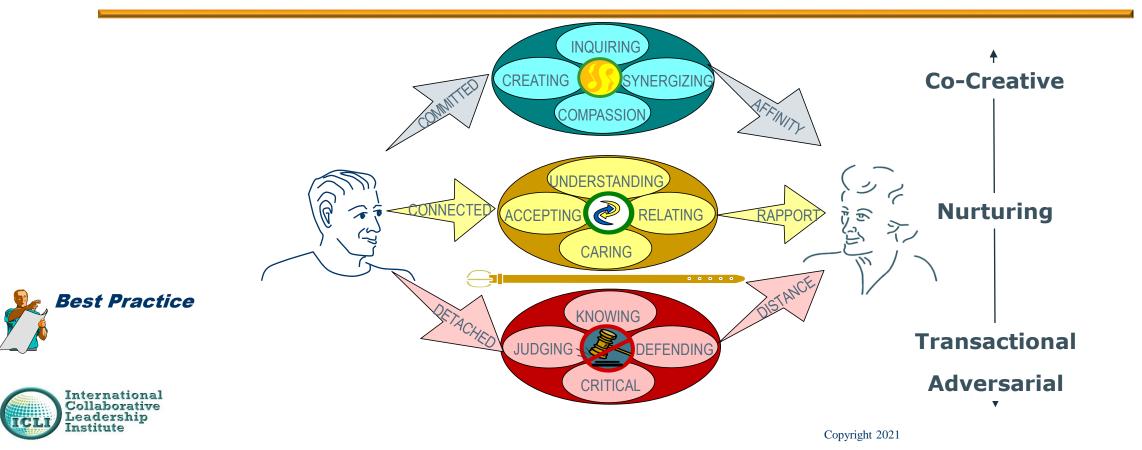
Honoring People means Support: having Empathy & Compassion

"Tear Down the Walls!"





# #3: Respect: Corollary Starts with Listening from the Heart





#### #4: Truth: Honesty is the Best Policy



Corollary: Truth means more than Honesty, It means the *Courage* to Stand for what's Right & True



Dishonesty, Distortion, and Deceit will kill trust!

- Don't Confuse Truth with Opinion, Philosophy, or Beliefs
- Truth is usually fact-based or measurable; Avoid Half-Truths or Myths

Speak with Candor, not "Blah-Blah"

Deep Truth comes from Questions, Seek Higher Truths



#### #5: Honorable Purpose: Alignment of Means & Ends



#### My Purpose is Honorable,

My Actions are Honorable & Aligned with my Vision I do the Right Things for the Right Reasons No Hidden/Corrupt/Manipulative Purposes

#### Honorable Purpose means

We think consciously about **Balancing** our own personal Self Interest with the needs of others in realm of what's in the Greater Good. (ensure it's a WIN-WIN)

#### *Alignment* on *Common Vision*, Value Proposition, Goals, and Rules of Engagement, Rewards Sharing(beware "*same bed, different dreams*")



#### #6: Ethics & Excellence: Adhere to Highest Standards





Leadership

Everyone must give 100% All the Time!

If you give 100%, You should expect 100% in return

Beware of "Gravity" (gradually pulling everyone down to the lowest standard

Low Standards Cause Resentment



### #7: Security: Safety & Alignment -- Shared Vision & Values



Safety & Security are the Foundation of Trust

- Eliminate Fear wherever prudent
- Don't Micro-Manage
- Align Expectations Accurately

People want a clear vision of the future

- Where there is No Vision
   Everything Defaults to Politics
- Where there is No Vision
   (Revelation) The People Perish





#### #8: Transparency & Openness





#### Transparency is about

- No Hidden Intentions/Agendas
- Expectations are transformed into Goals Alignment of Vision & Values

Openness is about

- Flow of Communications
   Sharing Information & Ideas
- Willingness to accept differing points of view
- Courage to challenge what's wrong

When you come from Honorable Purpose, then there is little danger in Openness





#### Rebuilding Trust in America



# MEMORIALIZE THE TRUST PRINCIPLES

#### **Create a Joint Operating Covenant**

**Organizational Values** -- "Heady"

- Core Beliefs or Philosophies
- Aspirations & Highest Purpose



#### **Examples:**

 Respect, Accountability, Integrity, Timeliness, Loyalty, Meaningfulness, Helpful, Friendship, Success, Reliable, Wealth, Self-reliance, Competence, Problem-solving, Service To Others, Collaboration, Honesty, Quality, etc.

#### **Operating Principles** – "Action"

- Jointly Created, Agreed Upon, & Adhered to
- Establishes Spirit of Agreement

Covenant Signed by all Team, Group, or Alliance Members



**Best Practice** 

- ✓ Establishes Unity of Interaction & Common Ground for Purpose
- Provides Broad Understanding of Quality of Interaction
- ✓ Gives Deeper Meaning to Expectations, Agreement or Contract
- Guides Decision-making in Uncertainty, Ambiguity, Dissonance or where Contract is Obsolete or Inadequate
- ✓ Helps bring new people on board
- ✓ Sets parameters for a culture cooperation





## COLLABORATIVE EXCELLENCE

#### **Rebuilding Trust in America** Joint Operating Covenant

#### EXAMPLE Condominium Members

As a Member of our Condominium Community, I hereby pledge to:

- 1. Build a Spirit of Cooperation among our Community
  - Work for the Greater Good: "All for One, One for All"
  - From Chaos Seek Unity, From Discord Find Harmony
  - Tolerate No Divisiveness, No Polarization, No Back-Biting
- 2. Engage & Embrace all Members with Respect
  - Respect Everyone's Need for Solitude, Peace, and Tranquility
  - Respect and Listen to those with a Different View
  - Seek Always to Bring Out the Best in Others
- 3. Build Relationships based on Trust, Integrity, and Ethics
  - Speak only the Truth, Otherwise be Silent
  - Give People the Benefit of the Doubt
  - When wrong, Acknowledge, Apologize, then take Corrective Action
- 4. Speak Only the Language of Cooperation:
  - Seek Solutions, Not Blame
  - Neither Speak nor Spread any Gossip
  - Forgive those who Apologize for their Transgressions

- 5. Disagree without being Disagreeable
  - Be Critical without Criticizing
  - Never Threaten, Attack Issues but not People
  - Do whatever Can Be Done, and Gracefully Accept what Can't
- 6. Try to Bring a Spirit of Joy to All
  - Dwell Not in Negativity
  - Complain Not about Petty Things
  - Receive Everyone with a Cheerful Face and Open Arms
- 7. Keep a Positive and Caring Attitude
  - Listen with Empathy and Compassion
  - Hold our Responsibilities as Dearly as our Rights
  - Respect the Minority's Needs, even though the Majority Rule
- 8. Live by the Spirit, not just the Letter, of the By-Laws
  - Live with the Intention of Peace & Harmony
  - Live to Create Advantage for Everyone, not to take advantage just for yourself
  - Respect the Law for the Guidance it gives, not for loopholes that may create an advantage for one over others



## **Committed to Rebuilding Trust in America**



Learn more about our strategies and programs at www.ICLInstitute.org

# IMPLEMENTING GAME CHANGING SHIFTS

#### LEADERSHIP REQUIRES NEW THINKING

#### Architectures Programs & Tools



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